



# CLUB TEAMS



## CLUB TEAM SUMMARY

Club teams at AEU are generally encompassed by the US Figure Skating Aspire 1-4 pipeline. These teams are a space for skaters to ignite their competitive spirit and have FUN in conjunction with their individual skating. These teams are ideal for skaters who enjoy skating and synchro and want to master the skill and mental fundamentals of the sport to its own end or in an effort to progress to increasingly competitive opportunities in the future.

## CLUB TEAM LEVELS

### CLUB 1 LEVELS

#### USFS ASPIRE 1 AND/OR ASPIRE 2

**Recommended Requirement for Success:** Passed a Learn-to-Skate Basic 4 test through a Pre-Preliminary Individual Skating Skills Test.

*Skaters at this level are a mix of group class skaters and private lesson skaters with many either beginning or pursuing private lessons throughout or during the course of the season.*

### CLUB 2 LEVELS

#### USFS ASPIRE 3 AND/OR ASPIRE 4

**Recommended Requirement for Success:** Pre-Preliminary or Preliminary Skating Skills Test (If in Learn-to-Skate USA, passed a Freeskate 2 level or equivalent)

*Skaters at this level are recommended to be in regular lessons with a private skating instructor (either in place of, or in addition to Learn-to-Skate USA group classes)*

## GENERAL COSTS & COMMITMENTS

- ✓ Club team fees begin around \$30 per week (all essential expenses, including competition/performance registrations, costumes, ice time, coaching, and more, are included)
- ✓ Some skills Training in May/June. Some August training. Regular training/season runs from September thru February

## CLUB TEAM SEASON

**March/April** ● **Team Placement Sessions**  
All skaters receive a personalized team invite and generally have 6-10 days to reserve their position.

**May/June** ● **Spring Skills**  
All committed team skaters will have at least 1-2 recommended spring skill opportunities (dependent on level, may also have 1-3 pre-season team practices total during this period)

**August** ● **Summer Training**  
Teams will generally have between 2-4 team practices this month.

**Sept.-Feb.** ● **Regular Season**  
Regular weekly training begins after Labor Day Holiday (Sundays). Competitions and performances take place during this time.

## PERFORMANCES & COMPETITIONS

**Local Events (under ~30 min travel)**  
*Incl. home ice performances*

3-4 events

**Area Events (under ~1.5 hour travel)**

2-3 events

**Regional Events (~1.5-3 hour travel)**

1-2 events

CONTACT/LEARN MORE:

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