



# ADULT TEAMS



## ADULT TEAM SUMMARY

Adult-aged teams at AEU are designed for skaters of all skill and experience levels, ages 18-60+. These teams are a space for adult skaters to build their technical skills, make new social connections, and showcase their love of skating through performance. Adult skating at AEU is designed to accommodate both competitive and recreational skaters, either those continual adult skaters, adults newer to skating, or childhood skaters returning to the ice or transitioning into adult skating.

## ADULT TEAM LEVELS

### USFS MASTERS & OPEN MASTERS

#### AGES 25 AND OLDER

No minimum test requirement.

*Recommended requirement for safety/success: Adult Bronze or Standard Track Preliminary Skating Skills (equivalent test and/or skills).*

### USFS ADULT & OPEN ADULT

#### AGES 18 AND OLDER

Minimum test requirement: Adult Bronze or Standard Track Preliminary Skating Skills.

*Recommended requirement for safety/success: Adult Gold or Standard Track Bronze Skating Skills and above.*

## GENERAL COSTS & COMMITMENTS

- ✓ Adult team fees begin around \$45 per week (all essential expenses, including competition/performance registrations, costumes, ice time, coaching, and more, are included)
- ✓ Placement/Skill sessions occur during May/June/July. Regular training/season runs from mid-August thru February

## ADULT TEAM SEASON

### May/June ● Skills Placement Sessions

All skaters receive a personalized team invite and generally have 6-10 days to reserve their position.

### July ● Summer Skills Social

Free event to all adults committed to a team for the upcoming season (small nominal fee to uncommitted or new skaters).

### August ● Summer Training

Adult-aged teams will generally have between 2-3 training sessions in August.

### Sept.-Feb. ● Regular Season

Regular weekly training begins after Labor Day Holiday (Sundays). Competitions and performances take place during this time.

## PERFORMANCES & COMPETITIONS

### Local Events (under ~30 min travel)

Incl. home ice performances

2-3 events

### Area Events (under ~1.5 hour travel)

1-2 events

### Official Travel Events (Regional/Sectional)

1-2 events

CONTACT/LEARN MORE:

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