



TRAVEL TEAMS



TRAVEL TEAM SUMMARY

Travel teams at AEU are encompassed by the Preliminary thru Junior USFS pipeline. These teams are a space for skaters to hone and enhance their mastery of synchronized skating skills in a high accountability, high performance environment. These teams are ideal for skaters who view (or have begun to view) skating/synchro as their primary athletic focus want to develop the nuanced and more complex skills needed for elite opportunities with their teammates in high school, college and beyond.

TRAVEL TEAM LEVELS

TRAVEL 1 LEVEL

USFS PRELIMINARY LEVEL

Minimum Requirement for Consideration: Preliminary Skating Skills Test. *Recommended Requirement for Success:* Pre-Bronze, Bronze, or Pre-Silver Skating Skills

TRAVEL 2 LEVELS

USFS PRE-JUVENILE AND/OR JUVENILE LEVELS

Minimum Requirement for Consideration: Pre-Bronze Skating Skills Test. *Recommended Requirement for Success:* Bronze, Pre-Silver, or Silver Skating Skills Test

TRAVEL 3 LEVELS

USFS INTERMEDIATE AND/OR NOVICE LEVELS

Minimum Requirement for Consideration: Pre-Silver Skating Skills Test. *Recommended Requirement for Success:* Silver, Pre-Gold, or Gold Skating Skills Test

TRAVEL ELITE LEVEL

USFS JUNIOR LEVEL

Minimum Requirement for Consideration: Pre-Gold Skating Skills. *Rec. Requirement for Success:* Gold Skating Skills

GENERAL COSTS & COMMITMENTS

- ✓ Travel team fees begin around \$55 per week (essential expenses are covered, including competition/performance registrations, costumes, ice time, coaching, and more)
- ✓ Spring Training in May/June. 1-2 Summer intensives/camps. Regular training/season runs from August thru February

TRAVEL TEAM SEASON

- March/April ● **Team Placement Sessions**
All skaters receive a personalized team invite and generally have 6-10 days to reserve their position.
- May/June ● **Spring Training**
Spring training includes skill development and early routine/technical development.
- August ● **Summer Training**
Travel teams generally train 1-2 days per week during this time.
- Sept.-Feb. ● **Regular Season**
Travel teams generally train 1-3 days per week during this time.

PERFORMANCES & COMPETITIONS

- Local Events (under ~1 hour travel)**
Incl. home ice performances
3-5 events
- Regional Events (~1.5-3 hour travel)**
1-3 events
- Official Travel Events (Regional/National)**
1-3 overnight stay required
1-3 events

CONTACT/LEARN MORE:

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