



# HOUSE TEAM SUMMARY

House teams at AEU are designed to be an inclusive, accessible, fun entry point for skaters interested in synchronized skating. These teams can be used as a skill-building or social opportunity (or both!) and are a great way for skaters to learn the fundamentals of the discipline in a shorter format, lower-commitment season. Skaters will get the opportunity to learn a routine and perform in costumes at 2-4 performances, including one local competition.

### HOUSE TEAM LEVELS

#### HOUSE 1 LEVEL

AGES 4-9 - ALL SKILL/EXPERIENCE LEVELS
Recommended Requirement for Success: Skaters
should feel, at minimum, comfortable with forward
skating/gliding and pumping (USFS Basic 1+ Equivalent)

### HOUSE 2 LEVEL

AGES 10-16 - ALL SKILL/EXPERIENCE LEVELS
Recommended Requirement for Success: Skaters
should feel, at minimum, comfortable with forward
skating/gliding, forward pumping and one-foot gliding
(USFS Basic 3+ Equivalent)

### **GENERAL COSTS & COMMITMENTS**

- ✓ House team fees are generally split into a three-payment format (about 6 weeks per payment), with costs starting around \$20 per week.
- ✓ Registration open April 1 thru September 30

## HOUSE TEAM SEASON

March ● Team Placement Sessions

Official/Initial team placements for all AEU levels (House, Club, Travel)

April/May Addtl. Info/Skills Sessions

Information sessions and/or follow-up sessions available for both committed and new/interested skaters.

April -Sept. • Open Registration Period

Additional skaters can register for available House Team positions.

Oct. - Feb • House Team Season

House teams will take a 10-14 day break over December holidays.

PERFORMANCES & COMPETITION

Local Events (under ~20 min travel)

Incl. home ice performances

2-3 events

Area Events (under ~1 hour travel)

1-2 events

#### CONTACT/LEARN MORE:



ArcticSynchro@gmail.com



www.ArcticSynchro.com